



Pre-Participation Physical Exams for High School Student-Athletes Planned Modifications & Considerations Event – June 6, 2020 Update – May 21, 2020

In preparation for the 2020 Pre-Participation Physical Exams Event, Andrews Institute Sports Medicine Outreach & Administration is planning for, and will adhere to, the following modifications and requirements:

- Require the wearing of facemasks/coverings by all staff, providers, volunteers, student-athletes, and any accompanying parent/guardians and/or school coaches while onsite and during the exams
 - Masks must cover the nose and mouth – will allow various face coverings however will not allow shirt being worn to act as a facemask/cover
 - If a ENT exam is indicated, face shields will be available for providers to use
- Anyone who is sick or symptomatic will not be allowed inside
 - COVID screening will be completed at the entrance
 - Volunteers, providers, and staff will be required to complete a self-screening utilizing the current BHC self-screening assessment tool
 - Anyone with a 100.4°F temperature or higher will not be allowed to enter the building to receive a physical
 - Parents and coaches will be informed that sick/symptomatic student-athletes should not attend and will not be allowed to enter (see below also)
- Informational instructions and guidelines for parents and coaches will be shared as widely as possible in advance
 - *See separate "Guidelines for Student-Athletes, Parents, & Coaches" document*
 - Parents and coaches will be informed that they need to have form filled out and signed prior to arrival
 - If arriving without form completed, student-athlete and parent will be instructed to return to their car to fill out their form
 - Parents and coaches will be informed that sick/symptomatic student-athletes should not attend and will not be allowed to enter
 - Event schedule/arrival times have been divided out to try and ensure even arrivals throughout day
- Emphasis on cleaning and sanitization throughout the event and buildings
 - Instructional handout on good hygiene attached to the "Guidelines for Student-Athletes, Parents, & Coaches" sheet
 - Hand sanitizing stations at entrance and before medical exam for student athletes and available for staff
 - Doors will be propped open as much as possible and/or a volunteer will open exterior doors if needed
 - Doors will be wiped by providers or volunteers after touching
 - Any equipment used will be wiped between uses (ex. blood pressure cuffs)
 - Will adhere to product-specific contact and pathogen-kill times when cleaning objects and surfaces
 - We will attempt to remove as many objects for the student-athletes to touch as possible
 - No magazines will be out
 - Unnecessary equipment moved
- Social Distancing will be encouraged and enforced
 - Tape and signage used throughout
 - Expanded footprint of event traffic flow to minimize exposure and increase distancing
 - Hallway social distancing monitors will be used
 - School coaches and administrators utilized to help ensure student-athlete compliance
 - Utilizing individual exam rooms for physician evaluation portion versus curtained off areas
 - Arrival via school buses will not be allowed